

# KENAI PENINSULA



## CITIZEN CORPS



Resources for building stronger, safer communities on the Kenai Peninsula

Fall 2010

### INSIDE

Recent Training and  
New Opportunities **pg. 2**

Volunteers Nominated for  
National Recognition  
**pg. 3**

FEMA ICS Training, Firewise Fall,  
Upcoming Homer CERT training,  
**pg. 4**

### Citizen Corps Council

**Mary Jane Hanley, RN,**  
Retired Public Health

**Varvara Larson, MDiv,**  
Public

**Paula Martin, PhD,**  
Asst. Dir. Academic Affairs,  
Kenai Peninsula College

**William R. Nelson,**  
Civil Air Patrol &  
Amateur Radio Operator

**Jane Schultz,**  
Kenai Peninsula  
EMS Coordinator

**Jackie Stringham,**  
Retired Teacher, Public

**Rick Warren,**  
Preparedness and  
Response Coordinator,  
Agrium Nitrogen  
Operations

**Glenda Landua,**  
Program Coordinator  
KPB/OEM

Plan Now. Work Together. Be Ready.



Ready.

NATIONAL PREPAREDNESS MONTH

September 2010 | ready.gov



FEMA



**It's September! Are You Prepared?**

## September is National Preparedness Month!

September is a month to get prepared. Not just for winter, by raking leaves, putting away hoses, mowing the lawn one last time and starting to think about when to put on the snow tires. It's also a time to assess your readiness in case of disaster.



As Alaskans, we pride ourselves on our self-sufficiency, but are we as prepared as we should be to take care of ourselves in the event of a large-scale emergency?

As CERT volunteers, you have already demonstrated an awareness of the potential for disaster in your local community and a willingness to assist first responders, trained and ready to act if the need arises.



But even trained personnel need to take time to review plans, skills and materials from time to time. Refresher trainings, disaster exercises, and advanced skills classes are great ways to keep skills sharp. Several CERT volunteers have taken advantage of recent classes, and more opportunities are coming up.

Skimming over your CERT manual to review skills you haven't practiced in awhile can also be helpful, and make it a lot easier to recall what to do and how to do it in the midst of an emergency.

Finally, take a few minutes this month to go through your family's Emergency Kit. Make sure that batteries have power, food and water are fresh and medications are current. Don't have a kit? Then take just a little more time and put one together! You can find a list of items to include at [www.ready.gov](http://www.ready.gov). These kits are sometimes referred to as "72 Hour Kits". However, we have learned repeatedly, from local events like the Good Friday Earthquake and more recent disasters like Hurricane Katrina, that preparation for only three days may not be sufficient. You should have what you need to keep your family (including pets!) supplied with food, water, warm clothing and necessary medications for at least a week.



**Remember - think like a Scout and "Be Prepared"!**

## Recent Training

### Neighborhood Preparedness Meeting July 31

Thanks to CERT volunteer [Bill Thomas](#) for organizing a meeting with his St. Theresa Avenue neighbors to talk about emergency preparedness. Approximately a dozen people attended and discussed using Map Your Neighborhood to work together to make the area more disaster-resilient.

### First Aid/CPR/AED Training August 9-10

CERT Volunteer [Jane Schultz](#) helped several CERT volunteers advance their emergency first aid skills. Many thanks to [Jane](#), as well as to [Sue Jones](#), [Frank Keener](#), [Amanda Chesley](#), [Tommy Thompson](#) and [Carri Noel](#) for participating!

### GPS for Emergency Responders August 29

Dr. Stephen Brown from UAF's Cooperative Extension Service led a two-hour workshop to help GPS users become more familiar with how it can be used in emergency situations. Participants included [Nina](#) and [Neal Hammond](#), [Arlene Bishop](#), [Bruce Briggs](#), [AJ Briggs](#), [Dylan Briggs](#), [Linda](#) and [Gary Hindman](#), [Jane Blakeslee](#), [Dennis Ghormley](#), [Richard Whetsell](#), [Frank Keener](#), [Randi Randal](#), [Gordon Merrill](#), [Roberta Wilfong](#), [Bill Tappan](#), [Patty Eissler](#), [Larry Navarro](#), [Wayne](#) and [Jane Schultz](#), [Bud Sexton](#), [Bill Nelson](#), [Tommy Thompson](#), [Eric Boehmler](#), [Amanda Chesley](#) and [Katja Wolfe](#). Thanks also to [Mike Huckabay](#) for helping with the class!



## Upcoming Opportunities

### Safety Saturday at Lowe's in Kenai

September 18, 10 am to 2 pm

KPB/OEM and a host of other agencies and organizations are partnering with Lowe's to showcase a variety of ways families can prepare and be safe. There will be educational materials, a special focus on emergency equipment and supplies, children's activities and drawings for lots of cool, practical safety stuff!

### CES Station One, Emergency Response Center and Dispatch Center Tours

September 20, 7 pm to 9 pm

CERT volunteers are invited to tour Central Emergency Service Station One (Soldotna), and then transition over to the Emergency Response Center to learn how the EOC would be set up and function in the event of a large-scale emergency. The 911 Dispatch Center and the OEM communications van will also be part of the tour. Watch your email for more details and to register to attend.

### American Red Cross Preparedness Month

Fred Meyer in Soldotna, September 25, 9 am to 9 pm

CERT volunteers and the ARC will be at Fred Meyer in Soldotna, providing information on CERT and emergency preparedness.

### Kenai Fire Dept/National Guard/CERT Exercise

October 16, Kenai - Details to be announced

CERT will have the opportunity to participate in a neighborhood exercise in partnership with the Kenai Fire Department and National Guard. There will be related training opportunities in the weeks leading up to the event - watch your email for details!

## Volunteers Needed

### It's Health Fair Season!

We have several fairs coming up throughout the Peninsula. Are you able to help? Contact [Glenda](#) at 262-2098 or [glandua@borough.kenai.ak.us](mailto:glandua@borough.kenai.ak.us)

**October 23:** Seward Health Fair 7 am to 1 pm

**October 23:** Central Peninsula Hospital Village Health Fair - Soldotna 8 am to 2 pm

**November 13:** Homer Health Fair 7 am to 2 pm

**November 20:** Cooper Landing Health Fair 8 am to 2 pm



### Be Safe in Your Home This Winter

Much as we hate to see it go, summer is departing. After you've looked through your **Seven-Day Kit** (hint, hint!), why not check a few other things around your home to be certain you're ready for the cold?

**Furnaces** will be kicking in to high gear. Make sure yours is in good working order and any filters have been cleaned or replaced.

**Dryer ducts** should also be examined to make sure they aren't becoming plugged with lint or other materials. Cleaning your lint screen after each load helps reduce, but will not prevent, lint build-up in the exhaust ducts. This is a common cause of house fires!

Test and change batteries in your **smoke and carbon monoxide detectors**. Carbon monoxide detectors are only good for about five years, so if yours is older than that, it's time to shop for a new one.

Stock your vehicles with **winter emergency kits**: blankets or sleeping bags, energy bars, basic tools, tow strap, a small shovel, chemical heat packs, extra hats, gloves and warm socks are invaluable in an emergency!

# Local Volunteers Nominated for National Award

Four Kenai Peninsula CERT volunteers have been nominated for national recognition as Outstanding Volunteers by Citizen Corps for their role in supporting CERT programs on the Kenai.

**Michael (Huck) Huckabay** - Huck, a retired firefighter, joined the Kenai Peninsula CERT program in 2006 and quickly became one of our most active, involved and dynamic instructors. He's provided five excellent CERT classes, enhanced the CERT PowerPoint presentation and handout materials, provided CERT volunteers with supplemental GPS and ICS training, and helped organize and deliver portions of CERT and ICS training in the school system borough-wide. Huck has also provided tours of the OEM Communications Van during Sept. Preparedness Month outreach and community safety fairs. He's our go-to guy for showcasing the amazing difference one person can make in community preparedness!



**Sam Satathite** - Sam was involved in the very first CERT Train-The-Trainer class in 2001 and is still active with the CERT program today. An Engineer/EMT III with the City of Kenai Fire Department, Sam's background and enthusiasm for teaching are great assets. In addition to volunteering many hours to teach, he's also invested many hours working with CERT volunteers on team building, traffic control and scene safety, radio communications, and neighborhood disaster exercises. Sam's a great instructor and his knowledge and professionalism are wonderful assets to his department, the CERT program and the community!

**Michael Tilly** - It's been a remarkable pleasure working with Kenai Fire Department Chief Mike Tilly. His enthusiastic interest in community preparedness assumes many forms, including supporting CERT classes, planning and executing neighborhood exercises, assisting with community mass dispensing clinics, and supporting the vision, design and implementation of emergency training in area schools. Chief Tilly's leadership and commitment to preparedness is a credit to his Department, to the City of Kenai and a Borough-wide example of how to do it right!



**Curt Jacobson** - Curt is a Firefighter/EMT who is active with several of the Kenai Peninsula Volunteer Fire Departments, including the one in his home town of Moose Pass. He's been a steadfast supporter of the CERT program since 2001. Curt pitches in to help with many community preparedness activities, including teaching CERT classes, attending community meetings and safety fairs, helping with instructor training and providing emergency preparedness training for the School District. Curt is an unwavering example of how we can all prepare for the disaster hazards we face!



Utilities in South-central Alaska are making plans to deal with a potential natural gas shortfall this winter. While, it's not considered likely, it is important to be prepared.

## YOU CAN HELP IN A NATURAL GAS EMERGENCY. HERE'S HOW.

If a gas delivery problem develops, emergency managers might issue an alert using this Energy Watch chart.

Energy Disruption Customer Action Plan		
CONDITION	MEANING	CUSTOMER ACTION
Green	Stable	Use energy wisely; be conservation minded Your utilities can provide tips on saving energy
Yellow	Caution	Set thermostat: to 65 degrees in living areas, and 40 in the garage Lower water heater setting to "warm" or "vacation" Minimize usage of natural gas range Postpone doing laundry and dishes Turn off unnecessary lights and electronics
Red	Alert	Set thermostat: at 60 degrees in living areas (55 if away) Turn water heater gas valve to "pilot" Do not use natural gas fireplaces, decorative heaters or gas grills Consolidate household activities into as few rooms as possible Use the microwave for cooking

**CERT Volunteers** — Please do your part and help us keep our training grants. **IS 100 and 700 are required for everyone (CERT Volunteers!) who may be called on to respond during a disaster.**

**IS-100: Introduction to Incident Command System**  
**IS-700: An Introduction to the National Incident Management System**

**FEMA's Emergency Management Institute offers the classes free online:**

[www.training.fema.gov/IS/NIMS.asp](http://www.training.fema.gov/IS/NIMS.asp)

After you complete each class, please forward FEMA's confirmation certificate link to [glandua@borough.kenai.ak.us](mailto:glandua@borough.kenai.ak.us).

## KENAI PENINSULA

# CITIZEN CORPS



### Be Firewise This Fall

As you work to get your property ready for winter, why not take some time to prepare for the next wildfire season as well? Good tips about steps to take can be found at <http://www.firewise.org/>



**Upcoming CERT Training:** There will be a CERT class in Homer beginning September 27th and running through October 22nd. Classes meet at Homer High School on Monday, Wednesday and Friday evenings from 6 pm to 9 pm. If you're on the South Peninsula and interested in becoming a CERT volunteer, or if you're already "CERTified" but would like to refresh your training, contact Glenda to register! (907) 262-2098 or [glandua@borough.kenai.ak.us](mailto:glandua@borough.kenai.ak.us).

Plan Now. Work Together. Be Ready.



Ready.

NATIONAL PREPAREDNESS MONTH  
September 2010 | [ready.gov](http://ready.gov)

CITIZEN CORPS



FEMA



This newsletter is published quarterly by the Kenai Peninsula Citizen Corps Program with support from grant award 2008-CCP Grant 08CCP-GR34060 from the US Dept. of Homeland Security, and the Alaska Division of Homeland Security and Emergency Management. Points of view or opinions expressed in this document are those of the authors and do not necessarily represent the official position or policies of the U.S. Dept. of Homeland Security or the State of Alaska.

**Glenda Landua,**  
**Program Coordinator**  
[glandua@borough.kenai.ak.us](mailto:glandua@borough.kenai.ak.us)  
262-2098 or  
1-800-478-4441, x2098

**Address:**  
253 Wilson Lane  
Soldotna, AK 99669

[www.kpvolunteers.org](http://www.kpvolunteers.org)

**KENAI PENINSULA CITIZEN CORPS**  
**Emergency Management Office**  
**253 Wilson Lane**  
**Soldotna, AK 99669**